



1403 N. St. Mary's St. San Antonio, Texas 78215-1785 (210) 225-6794 Fax (210) 227-9353 Website: www.cchs-satx.org

## Guidance Office

July, 2010

Dear CCHS Parents:

Since students experience a variety of concerns at different developmental stages, Central Catholic High School provides counseling for all students as stated in the Student/Parent Handbook. The purpose of this program is to assist students in coping with those concerns in order to allow for maximum benefit from their education experience.

Your son, \_\_\_\_\_, may choose to participate in a support group to cover various issues such as stress, relationships, peer pressure, family issues, etc. The purpose of the small group is to allow students in a confidential group setting to process their thoughts and/or concerns pertaining to these various issues. The intention is to validate and normalize feelings by engaging in discussions with their own peers.

Groups are conducted according to the ethical standards of the counseling profession. Students who participate are encouraged to discuss their own thoughts and feelings with their own parents. They are also required to refrain from discussing matters that arise in the counseling sessions with persons other than their parents as confidentiality is strictly important!

Please feel free to contact us if you have any questions or additional information that would be helpful in working with your son.

Sincerely,

Guidance Office  
(210) 225-6794, Ext. 265,  
Ext. 234 and Ext. 235

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Please sign and return this portion to: The Guidance Office

My child, \_\_\_\_\_, has permission to participate in support group counseling.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature